




Jamestown Area School District

Head Start Lunch Menu

March 2024



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
26-Feb 	27-Feb 	28-Feb 	29-Feb 	1-Mar Toasted Cheese Sandwich Tomato Soup Pickle Spear Diced Pears <i>Dr. Seuss Birthday Cupcake</i>
4-Mar Nacho Supreme Rice Pilaf Refried Beans Lettuce, Tomato Salsa, Sour Cream Mixed Fruit	5-Mar BBQ Pork Sandwich on Bun Mac & Cheese Bites Cole Slaw Strawberries	6-Mar Macaroni & Cheese Garlic Bread Stick Garden Salad Mixed Fruit	7-Mar Cheeseburger Lettuce, Tomato, Pickles Baked Tater Tots Baked Beans Applesauce	8-Mar Cheese Omlet Funnell Cake Harh Brown Patty Mandarain Oranges
11-Mar  **Day Light Savings 3/10/24** Chicken & Cheese Quesadilla Seasoned Curly Fries Fresh Vegetable Variety Pears	12-Mar General Tso Chicken Rice Pilaf Oriental Vegetables Sweet & Sour Dip Pineapple Chunks	13-Mar French Bread Pizza Baked French Fries Garden Salad Applesauce 	14-Mar Crisp Chicken Nuggets Leprechaun Potatoes Golden River Gravy Green Beans Rainbow Fruit Lucky Treat 	15-Mar Schoolmade Italian Dunkers Marinara Dip Garden Salad Applesauce
18-Mar Chicken & Waffles (Tenders & Maple Waffle) Steamed Vegetables (Variety) Mandarian Oranges Maple Syrup	19-Mar Chicken Egg Roll Vegetable Fried Rice Steamed Green Beans Chilled Pineapple	20-Mar Chicken Fingers Goldfish Crackers Waffle Fries Three Bean Salad Applesauce	21-Mar Soft Taco Cilantro Lime Rice Black Beans Garden Salad Pineapple	22-Mar School Made Pizza Cheese or Veggie Garden Salad Fresh Fruit Variety
25-Mar Chicken Patty Lettuce, Tomato, Pickles Baked French Fries Diced Peaches 	26-Mar Walking Taco Shredded Cheese Sour Cream, Salsa Refried Beans Lettuce, Tomato Fruit Variety	27-Mar No School 	28-Mar No School 	29-Mar No School 

This institution is an equal opportunity provider.

Daily Fruit: Apples, Bananas, Oranges, Canned Fruit

Daily Vegetables: Carrot Sticks, Sliced Vegetables, Lentil Salad Variety, Garden Salad

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.