











Jamestown Area School District

Head Start Lunch Menu

April 2024



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
1-Apr <i>No School</i> 	2-Apr General Tso Chicken Rice Pilaf Oriental Vegetables Chilled Pineapple Sweet & Sour Dip	3-Apr Mexican Pizza Tossed Salad Fruit Cocktail 	4-Apr Macaroni & Cheese Garlic Bread Stick Garden Salad Fruit Variety	5-Apr Stromboli Marinara Dipping Sauce Garden Salad Diced Peaches 
8-Apr Black Out Burger (Cheeseburger) Lettuce, Tomato, Pickles Baked Beans Sunchips Applesauce	9-Apr Chicken Egg Roll Vegetable Fried Rice Steamed Veggies Chilled Pineapple Sweet & Sour Dip	10-Apr Walking Taco Shredded Cheese Salsa & Sour Cream Tossed Salad Diced Pears	11-Apr Chicken Nuggets Dinner Roll Mashed Potato & Gravy Steamed Corn Peaches	12-Apr Toasted Cheese Tomato Soup Pickle Spear Garden Salad Fruit Variety National Grilled Cheese Day
15-Apr Chicken Fingers Goldfish Crackers Waffle Fries Three Bean Salad Applesauce 	16-Apr Chicken Patty on Bun Cole Slaw Fruit Variety Fruit Variety	17-Apr Stuffed Crust Cheese Pizza Garden Salad Mixed Fruit 	18-Apr Chicken Poppers Mashed Potatos & Gravy Steamed Corn Diced Peaches	19-Apr Cheese Filled Ravioli Marinara Sauce Cheese Filled Garlic Knot Green Beans Diced Pears
22-Apr Chicken Tenders Soft Pretzel Rod Au Gratin Potatoes Garden Salad Applesauce EARTH DAY DIRT PUDDING	23-Apr Soft Taco Cilantro Lime Rice Black Beans Garden Salad Pineapple	24-Apr Meatball Sub Marinara Sauce Mozzarella Cheese Green Beans Applesauce	25-Apr Nacho Supreme Rice Pilaf Refried Beans Lettuce, Tomato Salsa, Sour Cream Mixed Fruit	26-Apr Max Cheese Sticks Marinara Dip BBQ Sidewinders Garden Salad Diced Peaches
29-Apr Cheese Omlet Funnell Cake Harh Brown Patty Mandarain Oranges Garbonzo Beans	30-Apr Chicken Nuggets Dinner Roll Mashed Potatos & Gravy Steamed Corn Diced Peaches	1-May 	2-May 	3-May 

This institution is an equal opportunity provider.

Daily Fruit: Apples, Bananas, Oranges, Canned Fruit

Daily Vegetables: Carrot Sticks, Sliced Vegetables, Lentil Salad Variety, Garden Salad

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.