



# Jamestown Area School District

## Head Start Lunch Menu

### May 2023-June 2023



A school meal includes: Entrée (Meat/Meat Alternative & Grain), Fruit, Vegetable and Milk.

Variety of Fresh Vegetables and a Variety of Fruit (fresh and canned) is available daily to each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
1-May Max Cheese Filled Bread Sticks Marinara Dip Garden Salad Applesauce	2-May Chicken Patty on WG Bun Lettuce, Tomato, Pickles Baked French Fries Diced Peaches	3-May Meatballs & Mariana Over Pasta Garlic Bread Stick Mozzarella Cheese Garden Salad Mixed Fruit	4-May General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple Sweet & Sour Dip	5-May Pepperoni Pizza Baked Potato Variety Fruit Variety
8-May  <b>No School</b> 	9-May Chicken Poppers & Biscuits Green Beans Potato Variety Applesauce	10-May Cheeseburger on WG Bun Baked Tater Tots Lettuce, Tomato, Pickles Fruit Variety	11-May Chicken Popper Bowl Dinner Roll Mashed Potatoes & Gravy Steamed Corn Dinner Roll Peaches	12-May Stuffed Crust Cheese Pizza Garden Salad Fruit Variety
15-May Walking Taco Shredded Cheese Refried Beans Lettuce/Tomato Salsa/Sr Cream Mixed Fruit	16-May Chicken Nuggets Mashed Potato & Gravy Green Beans Peaches Dinner Roll	17-May Macaroni & Cheese Steamed Veggies Garlic Stick Fruit Variety	18-May Pasta with Savory Meatsauce Garden Salad Garlic Bread Stick Pears	19-May Rib BBQ Sandwich Patato Variety Cole Slaw Fruit Variety
22-May Pizza Variety Garden Salad Fruit Variety	23-May Chicken Tenders Pretzel Rod Au Gratin Potaotes Pears	24-May General Tso Chicken Rice Pilaf Oriental Vegetables Pineapple Sweet & Sour Dip Peaches	25-May Chicken Patty on WG Bun Lettuce, Tomato, Pickles Baked French Fries Diced Peaches	26-May Stuffed Crust Cheese Pizza Garden Salad Fruit Variety
29-May  <b>NO SCHOOL</b>	30-May Turkey & Cheese Sandwich Baked Chips Peaches	31-May Assorted Sandwiches Fruit & Veg Variety	1-Jun Assorted Sandwiches Fruit & Veg Variety <b>Last Day!</b>	2-Jun 

*This institution is an equal opportunity provider.*

